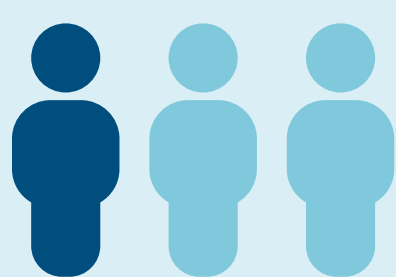


HOW DIABETES AFFECTS CHILDREN



1 out of 3 children
born in the year 2000 will develop
diabetes in their lifetime.¹

Each year **over 18,000** youth are diagnosed with type 1 diabetes and **over 5,000** youth are diagnosed with type 2 diabetes.²

Who's Affected?

New cases of **type 1**
diabetes are more
common in
**non-Hispanic
white youth**



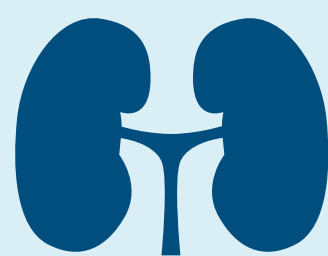
New cases of **type 2**
diabetes are more
common in
**minority youth and
those aged 10-19**

Research shows type 2 diabetes is aggressive in children.

Early and aggressive treatment is important to help children and teens with type 2 diabetes control their blood sugar levels and reduce the risk of health problems.³



Some **youth with type 2 diabetes**
show early signs of **heart disease**
and **kidney damage**.⁴



**To learn more about diabetes in children,
visit www.YourDiabetesInfo.org/Youth.**

1. Narayan KMV, Boyle JP, Thompson TJ, Sorensen SW, Williamson DF. Lifetime risk for diabetes mellitus in the United States. JAMA 2003 October 8;290(14):1884-1890.
2. Centers for Disease Control and Prevention: National diabetes statistics report: estimates of diabetes and its burden in the United States A, GA: U.S. Department of Health and Human Services; 2014.
3. TODAY Study Group. A Clinical Trial to Maintain Glycemic Control in Youth with Type 2 Diabetes. New Engl J Med 366:2247-2256, 2012.
4. TODAY Study Group. Diabetes Care 2013; 36: 1735-1774.



National Diabetes Education Program

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